

## Revitalizing Your Career in 7 Steps

There is much unrest in the workplace these days. Many people are grateful to still be in business or employed BUT are tired of the lack of recognition, decrease in sales, frustrated with office politics or feeling empty inside. Whether you want to revitalize your existing career or want to switch to a more fulfilling one, take a look at these seven steps.

### **1. List What IS Working?**

Ask yourself what areas of your work you want to enhance. What do you want more of? Observe which strengths you are currently using that are the most satisfying to you. Identify which of your needs and values ARE being addressed.

### **2. Look for Ways to Maximize**

Take a look around and determine which projects you could support that are aligned with the strengths you enjoy using. Then negotiate. Most companies realize that it's best for everyone to tap into each person's natural brilliance as much as possible.

### **3. Challenge Yourself to be Your Best**

To keep yourself sharp and energized, challenge yourself to keep growing and adding to your skill-set. When you do, you will be more engaged in your work and it will provide you with additional satisfaction.

### **4. Inventory What is NOT Working?**

Make a list of the talents, interests, and skills that are important to you but are not currently being fully addressed. Look for ways that you can include these. Check into telecommuting on certain days for a change of pace.

### **5. Plot Your Next Steps**

Clearly outline your preferred work style and environment. Once you've captured your insights on paper, begin chunking down your "What's next?" vision into manageable pieces. Then, identify the next five small steps you can take now.

### **6. Make the Most of Where You Are Now**

As you redesign your current career or create an entirely new "escape plan" for yourself, stay grounded. Allowing yourself to become impatient will get in the way of moving forward. Make

being where you are OK because it's prompting you to make important and meaningful changes for a revitalized future!

## **7. Imagine Already Having What You Want**

As with anything in life, your desires have a much better chance of becoming your new reality when you firmly believe that positive change is possible for you. A good way to stay on track is to routinely project yourself into already being in your enhanced version of your ideal work. How good would that feel?

You deserve to feel great at work every day! How ready, willing, and able are you to experiencing that?

The best of success to you!

Barbara McRae, MCC  
The Savvy Success Coach

P. S. Please visit my new Savvy Success Strategies page on Facebook:

<http://companies.to/savvysuccessstrategies>

If these Savvy Success Tips are of value to you and you'd like to have more support in implementing them to grow your business or yourself

OR you've had similar ideas, but can't seem to get beyond your barriers or blind spots, you could benefit from 1:1 or group Savvy Success Strategies coaching.

<http://www.thesavvysuccesscoach.com>

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